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Dr Gondusky and his Team look forward to making your surgery experience exceptional. Thank you for trusting us with your care!

You will be contacted by our team within 2 weeks of your office visit to schedule your surgery date. We ask that you please refrain from calling prior to this time period. Once your surgery date is scheduled, we will help you coordinate required medical clearance appointments and lab work. You will receive a separate letter with this information.

Our Medical Assistants are available to answer questions regarding your care and refill medications. They are available M-F 8am to 5pm. They can be reached at **757-502-8550 or 757-502-8580**. Please be aware that they may be busy with patients when you call. Messages will be checked throughout the day. We ask that you please refrain from leaving multiple messages as it may delay a return call.

For medication refills, please call at least 24 business hours prior to your last dose to ensure enough time to process your request. If you are going to run out of medication over the weekend, please call before noon on Friday.

If you have an urgent concern after 5pm M-F or on a weekend, please call the JYI office at 757-490-4802 to reach the on call physician. Refill requests will not be taken after business hours on this line.

Please refer to Dr. Gondusky's website (www.GonduskyMD.com) for more information about what to expect before, during, and after surgery. We ask that you view the preoperative education video and look through the frequently asked questions document. You will receive information about a Hibiclens (surgical scrub) wash that you will perform the night prior to surgery.

Please note that certain medications need to be stopped prior to surgery. This is a list of commons medicines, but is not all inclusive:

NSAIDS (ibuprofen, naproxen, motrin, advil, aleve etc.) - 1 week

Plavix - 5 days

Blood thinners (Eliquis, Xarelto, Coumadin) - per provider recommendation

GLP-1 medications (Ozempic, Wegovy, etc) - 1 week

SGLT2 inhibitors (Jardiance. Invokana, etc) - 3 days